



HOWE PICKS UP BIG WIN

SPORTS, B1

STILL MAKING DELIVERIES

BUSINESS, B6

MONDAY, DECEMBER 13, 2010

Sturgis Journal

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INSIDE

EAGLES PREPARE 'SMOKE HOUSE'
REGION, A3

TUESDAY

IN DEFENSE OF FRUIT CAKE FLAVOR

WHAT TO DO

LaGrange Area Coin Club

Meeting includes a coin auction and refreshments. Visitors welcome.

WHEN 7 p.m. Wednesday
WHERE Miller's Merry Manor, LaGrange, Ind.

For more local events, see **Calendar, A3**

LOCAL HISTORY

Today in 1935, "J. M. Fair, who operates the Charles W. Seeb farm one mile south of Sturgis, has just received a letter from Michigan State College at East Lansing complimenting him on the showing made by an exhibit of yellow dent corn he submitted to the International Hay and Grain Show. Mr. Fair's exhibit was given first honors in Region 2 in the United States. His exhibit was given first honors in several respects but because of a slight discrepancy in the starch content of one of the ears, he was reduced to eighth place."

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BRONSON

New manager on the job

By Trinity Bird

Special to the Journal

With his first official city council meeting as city manager approaching, Mark Heydlauff is ready to help guide the future of Bronson.

Heydlauff was hired by the council in November, and officially began working for the city Nov. 17. In his first few weeks on the job, he has met staff, local business owners and begun the process of joining the Bronson Rotary Club.

"It's a good, stable community," he said. "The people care about the community. My job is to work on behalf of the community."

Originally from Sturgis, Heydlauff just recently received his master's of public administration degree from Western Michigan University. His concentration was in public management. He previously received a bachelor of arts in political science, with a minor in economics, from Taylor University. During three summers in college,

he was an intern in the office of the Sturgis city manager.

After applying for jobs throughout the country, he found the opening in Bronson.

"It's location is a strength," he said, noting it is the perfect community for a two-career household. "It is the perfect place to have a family."

He is also aware of the financial difficulties in the state, noting that Bronson is



PHOTO BY TRINITY BIRD

SEE MANAGER, A6 Heydlauff at his desk in the Bronson City Office.

Apartment fire



CORKY EMRICK/JOURNAL

Firefighters from five agencies battled a fire for several hours Saturday night at Bentwater Apartments in Three Rivers.

16 families homeless after Three Rivers fire

By Corky Emrick

emrick@sturgisjournal.com

A Saturday evening fire at the Bentwater Apartments, 310 Heather Lane in Three Rivers, left 16 families homeless.

At 7:34 p.m., firefighters were called to the apartments after smoke was discovered in a unit.

Three Rivers Police were first on scene and saw flames coming from the structure.

Police made sure the building was evacuated and then evacuated a second complex. Four of the 16 units in the first complex were damaged in the blaze.

All occupants were accounted for. One firefighter was treated

for a dog bite during an animal rescue and one firefighter was treated for chest pain.

The cause of the fire remains under investigation.

Firefighters from Three Rivers, Fabius-Park, Constantine, Centreville and White Pigeon assisted.

Assisting agencies cleared by 1

a.m.

Also assisting were St. Joseph County Victim Services, LifeCare Ambulance, St. Joseph County Sheriff's Department, the Michigan State Police and the St. Joseph County Transit Authority.

The Michigan State Police Fire Investigation Unit will assist in the investigation this morning.

REVIEW

Riviera show offers comic relief for audience

By Laura Kurella

Journal correspondent

With so many bleak realities sorrowing the world today, laughter is a respite, but when you fill an entire night with two top-notch comedians who offer non-stop, top-shelf humor, it can feel like an all out vacation!

The laughs never stopped Friday night at the Riviera Theatre in Three Rivers, which offered a very wel-

come reprieve for those who traveled from both far and near to catch a night of comedy on a cold and chilly night.

Before a modest crowd, Jack Warren — originally from Grand Junction, Mich., took the stage and immediately drew laughs by revealing some serious, real-life stories that he smartly sprinkled with silliness and ended with side-splitting humor.

Warren opened his act by confessing to being born in

Michigan and then said he grew up, moved away, and vowed to never return unless a black became president or marijuana was legalized. "Who would-a thought?" he sighed sarcastically. "So, here I am!"

Warren also told his audience about his military tour in Kuwait, adding, "You know, the women out there are dressed in layers of cloth-

SEE SHOW, A6



Emmy-award winning writer and comedian, Don Jamieson mused over Willie Nelson's recent arrest saying, "Busting Willie Nelson for smoking pot is like busting Paris Hilton for being stupid!"

LAURA KURELLA / JOURNAL

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Volume 151 Number 284

Update



DR. GOTT

Celiac disease may cause pain

DEAR DR. GOTT: This is in regard to your article about the 15-year-old with chronic abdominal pain. Why didn't you think of celiac disease? My granddaughter was diagnosed at age 6 after developing severe abdominal pain. She managed her celiac and is doing very well on a gluten-free diet.

DEAR READER: Your letter is just one of many I have received about this young girl's problem.

Celiac disease (also known as celiac sprue, nontropical sprue and gluten-sensitive enteropathy) is a digestive disorder. These people cannot tolerate the protein gluten, which is found in wheat, rye and barley. These grains are present in many foods, even some nonfood items, such as vitamins and medications.

Celiac is sort of a double-whammy. It is both an autoimmune disorder and a malabsorption disease. It is considered autoimmune because in the presence of gluten, the body overreacts and begins destroying the villi. These tiny, finger-like projections line the intestine and allow nutrients to be absorbed into the bloodstream. This is where celiac is also considered a malabsorption disease, because without healthy villi, the body cannot take in proper amounts of nutrients regardless of how much food is consumed.

Celiac can be difficult to diagnose because symptoms can vary greatly between sufferers, and most only have general complaints. In infants and young children, some of the more common symptoms can include weight loss, chronic diarrhea, constipation, vomiting, irritability, abdominal pain and bloating, and pale, foul-smelling or fatty stool. Even if these symptoms are not present, malabsorption can still be a problem and may lead to delayed growth, short stature, delayed puberty, dental defects in permanent teeth and more.

In adults, digestive symptoms are less common. They may have unexplained iron-deficiency anemia, fatigue, bone or joint pain, arthritis, canker sores, missed menstrual periods, depression, anxiety, osteoporosis, tingling numbness in the hands and feet, seizures, infertility, recurrent miscarriages and dermatitis herpetiformis (a type of skin rash).

Adults and children with the disorder may not have any symptoms; however, they are still at risk of developing complications over time. Complications include malnutrition, liver diseases and intestinal cancer.

Many people with celiac may also have type 1 diabetes, Sjogren's syndrome, autoimmune thyroid or liver disease, Addison's disease or rheumatoid arthritis. The connection is thought to be genetic.

If celiac disease is suspected, a physician can order a blood test to check the levels of certain autoantibodies, antitissue transglutaminase antibodies (tTGA) or anti-endomysium antibodies (EMA). Not all sufferers will test positive, however, so intestinal biopsy may be performed to confirm the diagnosis. This is done during endoscopy. Another way to confirm the diagnosis is to have the patient begin a gluten-free diet. If the symptoms resolve, celiac may be diagnosed. It is important that this diet is not started without informing your physician because both the blood test and biopsy results can be altered.

THOUGHT FOR TODAY

"To know how to say what others only know how to think is what makes men poets or sages; and to dare to say what others only dare to think makes men martyrs or reformers - or both." - Elizabeth Charles, British writer (1828-1896).

TODAY'S FACT

Mexican artist Diego Rivera painted a fresco on the RCA Building at New York's Rockefeller Center in 1933; however, it was destroyed shortly after completion because it contained a portrait of Vladimir Lenin.

New in town



The Sturgis Area Chamber of Commerce welcomed GT Independence to its new location at 215 Broadus St. in Sturgis. It was a celebration by founding partners David Bair and Tim Carmichael, and director of business development, John Carmichael, who recently changed the name from GT Financial Services to better reflect the services they offer.

ROSALIE CURRIER/JOURNAL

SEND US YOUR PHOTOS E-mail them to photos@sturgisjournal.com. Be sure they are in JPEG format and at least 200 dpi.

Extradition hearing set for Michigan kidnap suspect

MORENCI, Mich. (AP) — The father suspected in the disappearance of his three young sons in southern Michigan has an extradition hearing Tuesday in Toledo, Ohio.

Thirty-nine-year-old John Skelton of Morenci is jailed on \$3 million bond in the Lucas County jail. He's charged with parental kidnapping in the dis-

appearance of 9-year-old Andrew, 7-year-old Alexander and 5-year-old Tanner Skelton.

The boys were last seen on Thanksgiving. Volunteers have searched southern Michigan and northern Ohio.

The hearing follows Michigan Gov. Jennifer Granholm's request to Ohio Gov. Ted Strickland to return Skelton to

Michigan.

Tanya Skelton reported her sons missing after their father didn't return them from a court-ordered visitation.

Police say John Skelton made up a story about giving the boys to a female acquaintance. His lawyer declines comment to The Daily Telegram of Adrian.

SHOW

From Page A1

ing and head-to-toe so, it takes about an hour just to undress them with your eyes!"

Warren revealed that as a soldier he uses his comedy to help raise funds for military families and encouraged his audience to support them whenever they can.

After a great set of laughter and the roar of applause that Warren drew, Don Jamieson took the stage before a now-excited audience.

Jamieson went right to work, showing off his quick-wit, which revealed a level of comedic intelligence consistent with George Carlin.

Offering up musings on today's headlines, Jamieson mused over the recent arrest of Willie Nelson, saying that he thought it was wrong because, "Busting Willie Nelson for smoking pot is like busting Paris Hilton for being stupid!"

As an Emmy-award winning writer, comedian and host of VH-1's Heavy Metal talk show, Jamieson is an undeniable talent.

Possessing a strong stage presence and a never-ending list of laughs, Jamieson was an absolute hit.

His humor, while sometimes too risqué for a lady to repeat, never got guttural or offending to his audience, which ranged in age from 21-65, making it a true pleasure to laugh the night away.

Warren and Jamieson will complete their tour in time to be home for Christmas with their family.

To learn more about them, visit their websites. Jack Warren: www.thejackwarren.com. Don Jamieson: www.donjamieson.com.



LAURA KURELLA / JOURNAL

Confessing to his audience that he was born in Michigan, Jack Warren said he grew up, moved away and vowed to never return to Michigan unless a black man became president or marijuana became legal here. "Who would-a thought both would happen," he sighed sarcastically. "So, here I am!"

MANAGER

From Page A1

in "good shape" financially.

"It's a struggle," he said. "You have to provide the services citizens expect. You have to match those expectations in a cost-effective manner."

Perhaps the thing he is most looking forward to is working with the people of the community.

"I want them to let me know what they think," he said. "I will become part of the community. The role I took is to serve the people and their government."

He said growing the community from the inside, not always the outside.

More about Heydlauff

A self-proclaimed "workaholic," Heydlauff said he enjoys golfing and he reads a fair amount. His project paper during graduate school was entitled "Term Limits and Partisanship in the Michigan Legislature."

"You have to take their ideas and give them that opportunity to run with it," he said.

He said some of the best businesses grow out of small side work. Giving people the opportunity to grow their business in their own community is certainly one of

Heydlauff's goals.

He also is excited to work with the city employees, saying it speaks highly of the city that there are so many employees that have been with the city for a long tenure.

"It is a great staff," he said. "They know what they need to do and they care about the service."

As he settles into the job, he hopes to start looking into moving from Sturgis to Bronson. He is looking forward to many years with the city and to be "as active as I can."

He encourages anyone with concerns to stop by the city office or call (517) 369-7334. His first official city council meeting as city manager is at 5 p.m. today in the Bronson City Office.



DEAR ABBY

Lost keys give thieves easy entrance

DEAR ABBY: About a month ago, my friend lost her keys in a major department store. Despite announcements in the store, the keys were never found. My friend wasn't worried because she had her wallet and personal information in her purse.

Two weeks later, her home was robbed. There was no sign of forced entry. What we learned from the police is that the little tags we carry on our key chains from major pharmacy and supermarket chains carry our names on the receipts. All the person who found the keys had to do was purchase something, swipe the card, and the receipt came up with my friend's name printed on it! Unfortunately, her name is listed in the phone book, so the thief was able to find her house, use her house key, walk right in and take whatever he/she wanted.

I no longer keep the tags on my key chain. I keep them in a separate place in my purse or in my pocket. I hope this keeps at least one person from being robbed. — KAREN IN METHUEN, MASS.

DEAR KAREN: So do I, and thank you for the warning. For those who prefer not to carry those little tags at all, many are linked with the shopper's telephone number in the pharmacy's or supermarket's computer. If you mention it before the cashier starts ringing up your purchase, the sale can be rung up as part of the saver's program. Inquire at the stores where you shop regularly.

DEAR ABBY: Five years ago, when my niece was 9, we came up with the idea of making Christmas cards and sending them out to special friends and family members. We both work hard to make sure each is attractive and in good taste, and we hand-write a personal note inside. We also print on the back that the card was "hand-made with love." This has become a tradition for the two of us, and the cards are quite beautiful.

Last year, after we sent them out, I received a card from a friend with a small check inside. The card read, "I'm sending you this check so you can afford to buy 'real cards' next year." I was, to say the least, hurt and offended. I wondered if others felt similarly, so I asked around and was shocked to learn they, too, thought I was "cheap." Although it cost more money and time to create each card, no one appreciated them.

We won't be making the cards this year, but how do I tell my niece why? I don't want her feelings hurt, too. — BLUE AT CHRISTMAS

DEAR BLUE: Tell your niece what you were told — and by whom — so she won't waste any more effort on these rude and unappreciative individuals. Better she hear it from you than one of the recipients.

As to the "friend" who sent the check, I hope you returned it and deleted her from your Christmas card list. What she did was uncalled for.

DEAR ABBY: I am 13 and I have a problem. My mother gave me \$20 so I could go Christmas shopping, but I forgot I was Christmas shopping and ended up buying everything for myself. Now what do I do, because she's really mad. — IN TROUBLE IN MICHIGAN

DEAR IN TROUBLE: Apologize to your mother, admit what happened wasn't a memory lapse as much as yielding to temptation, and start doing whatever you can to earn more money. Some suggestions: shoveling sidewalks and driveways and dog walking.